

**Patient Identification**

**RISK ASSESSMENT FOR VENOUS THROMBOEMBOLISM IN PREGNANCY AND UP TO 6 WEEKS POST PARTUM**

Assess for thrombosis risks		Step 1	
Pre-existing risk factors	Score	Tick	
Previous VTE- unprovoked or estrogen related	3		
Previous recurrent VTE	3		
Previous VTE +thrombophilia or family history or antiphospholipid syndrome	3		
Previous VTE – provoked	2		
Antithrombin deficiency	3		
Asymptomatic thrombophilia – combined defects or homozygous factor V leiden	3		
Single asymptomatic thrombophilia(congenital + antiphospholipid syndrome)	1		
One or more significant medical comorbidities (eg heart disease, metabolic, inflammatory conditions, endocrine or respiratory pathology, intravenous drug user, sickle cell disease)	2		
Age > 35 years	1		
Obesity- BMI >30Kg/m <sup>2</sup> (Based on booking weight)	1		
Obesity - BMI >40kg/m <sup>2</sup> (Based on booking weight)	2		
Parity ≥ 3	1		
Smoker	1		
Gross varicose veins	1		
Varicose veins with phlebitis	3		
<b>Obstetric Risk factors</b>			
Pre-eclampsia	1		
Dehydration	1		
Hyperemesis	1		
OHSS ( Ovarian Hyperstimulation Syndrome)	1		
Multiple pregnancy	1		
Caesarean Section	3		
Mid cavity or rotational operative delivery	1		
Prolonged labour (> 24 hours)	1		
PPH (> 1 litre or transfusion)	1		
<b>Transient risk factors</b>			
Admission to hospital	1		
Current systemic infection	1		
Significantly reduced mobility for 3 days or more ( e.g paraplegia, Symphysis pubis dysfunction, long distance travel)	3		
Surgical procedure in pregnancy or ≤ 6 weeks postpartum	3		
<b>TOTAL</b>			

Assess bleeding risk		Step 2	
	Tick		Tick
Active Bleeding		Lumbar puncture/epidural /spinal anaesthesia expected within the next 12 hours	
Thrombocytopenia(platelets < 75× 109/l)		Lumbar puncture/epidural/spinal anaesthesia within the previous 4 hrs	
Acute stroke in previous 4 weeks		Acquired bleeding disorders( e.g. acute liver failure, HELPP with low platelets)	
Uncontrolled hypertension (200/120mmHg or higher)		Untreated inherited bleeding disorders (such as haemophilia and Von Willebrands disease)	
Active labour/early labour		Induction of labour	

<b>Reassessment within 24 hours or when clinical condition changes</b>	
<b>Date of Assessment</b>	
<b>Assessor( Please print)</b>	
<b>Designation</b>	

**Please continue overleaf**