

Care Plan

MATERNAL OBESITY CARE PLAN

Setting: St Michael's Hospital and Community bases
 Patients: Women with a BMI of 35 or over at Booking
 For use by: Midwives, obstetricians and anaesthetists

CAUTION - Do not use away from this specified scope

Hospital no: _____
 NHS no: _____
 Surname _____
 Forename _____
 Gender _____ D.o.B. ____/____/____
 Cons _____

At booking

Patient's weight: _____ Kg Patient's height: _____ cm Patient's BMI: _____

Action	Date completed	Signature and PRINT
Midwife to complete antenatally		
Calculate BMI and document in the health records		
Document the BMI in Medway		
Discuss and document antenatal and intrapartum risks (use sticker)		
Give patient information leaflet 'Managing your weight in pregnancy'		
Recommend consultant booking		
Advise Vitamin D supplements and Folic acid 5mg		
GTT at 26-28 weeks		
Document weight at 36/40 and calculate BMI		
To be completed by the obstetric team		
Discuss antenatal and intrapartum risks (if sticker not completed)		
Consider USS at 32 and 36 weeks for size and presentation		
Anaesthetic referral if BMI>40 or 35-39.9 with co-morbidities		
To be completed by the anaesthetic team		
Anaesthetic assessment completed and documented in maternity notes		
Manual handling and tissue viability assessment in 3rd trimester		
Booking BMI ≥ 40 complete care plan below		