

Are you 24 or more weeks pregnant, with a body mass index of 30 or more and planning to breastfeed...

Or did you have a body mass index of 30 or more at the start of your pregnancy, had your baby within the last 12 months and began and/or are currently breastfeeding...

If so, do you want to take part in a study to support your breastfeeding choices?

We are researchers from The University of Manchester, The University of Stirling and Leeds Trinity University interested in the topic of breastfeeding. We have designed a breastfeeding workbook to support women to breastfeed. We would like to hear about women's experiences of using the workbook. We have ethical approval from The University of Manchester.

If you take part in this study, you will be asked to use the workbook and participate in an interview or focus group two weeks later. We anticipate that the interview or focus group will last for around 1 hour and you will be given a high street voucher to say thank you for your time. You will need to be able to read and understand English.

If you have any questions or comments or would like to take part in the study, please contact Stephanie Lyons (stephanie.lyons@manchester.ac.uk or 07706123929).

Thank you very much.