



HAVE YOU HAD A DIAGNOSIS OF GESTATIONAL DIABETES MELLITUS (GDM) ?

My name is Sarah Hickman, I am a Counselling and Psychotherapy Student, at Staffordshire University. I will be conducting an MSc research project– exploring the experiences of women who have had a diagnosis of Gestational Diabetes.

My intention is to understand the emotions and thoughts connected with this diagnosis in the hope of informing future therapeutic practices within perinatal care.

I will be conducting 60–minute interviews, via Microsoft Teams, at a time that suits you!

I am asking for participants who have had gestational diabetes–

- ★ **during their first pregnancy**
- ★ **have no long–term mental health concerns**
- ★ **are over the age of 18**

If this is you and you would like to participate, then please drop me an email me at h021217i@student.staffs.ac.uk

I look forward to hearing from you!



This research project has been passed by the Staffordshire University Ethics Committee.