



## **HAVE YOU HAD A DIAGNOSIS OF GESTATIONAL DIABETES MELLITUS (GDM) ?**

**My name is Sarah Hickman, I am a Counselling and Psychotherapy Student, at Staffordshire University. I will be conducting an MSc research project- exploring the experiences of women who have had a diagnosis of Gestational Diabetes.**

**My intention is to understand the emotions and thoughts connected with this diagnosis in the hope of informing future therapeutic practices within perinatal care.**

**I will be conducting 60-minute interviews, via Microsoft Teams, at a time that suits you!**

**I am asking for participants who have had gestational diabetes-**

- ★ during their first pregnancy**
- ★ have no long-term mental health concerns**
- ★ are over the age of 18**

**If this is you and you would like to participate, then please drop me an email me at [h021217i@student.staffs.ac.uk](mailto:h021217i@student.staffs.ac.uk)**

**I look forward to hearing from you!**



**This research project has been passed by the Staffordshire University Ethics Committee.**