

## Planning mode of birth in routine antenatal care-development of a decision aid (Plan-A) study

Are you or your partner pregnant, planning a pregnancy, or are you a parent with a child up to 10 years old?

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Do you live in the UK?

Would you like to take part in an online survey +/- a group discussion.

The Plan-A study is seeking to understand what information is important to women when planning a vaginal or caesarean birth

### What will it involve?

- Two online surveys.
- Two optional virtual consensus meetings which you will be compensated for if you attend.

### How long?

- Each survey is expected to last up to 30 minutes.
- The virtual consensus meeting will last for 2 days (4 hours max per day).



For further information, please follow the link  
([PLAN-A](#)) or QR code below:



or contact: email: [plana@abdn.ac.uk](mailto:plana@abdn.ac.uk)

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This is a national study approved by the NHS Research Ethics committee (East of Scotland Research Ethics Service) and funded by the National Institute of Health and Care Research. It is part of the 'Plan-A' study which is led by researchers from four universities and a public panel from across the UK.

